

What new guidelines are you considering for designing an energy-based, impactful work day?

No meeting days.

Meeting and no-meeting times

More flexible work environment.

Walk and talks

morning strategic time and meetings in afternoon.

Understanding when and where I need to be to accomplish my objectives

Figuring peak hours first

You're an adult, do your job!! I don't care how, just by the due date.

Freedom of Schedule; Results are what matters, not hours

What new guidelines are you considering for designing an energy-based, impactful work day?

Better mapping activities to energy level

No meetings at certain times of the day

Have not considered this question.

Schedule walk and talks - keep up energy levels, yet allow for communications.

No back to back meetings

No meeting day

Flexible work hours

triple lattes in morning and red bull s in afternoon

Hr a day for self improvement



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What new guidelines are you considering for designing an energy-based, impactful work day?

less stand up status meetings

1 day a week of no meetings .

Shortened meetings

Taking time for myself, exercise, get outside

Add just a few weekly meetings

Rescheduling our group sales meeting

Plan the day, work in time buckets

Blocked planning moved to productive time slot.

Plan meeting free day

What new guidelines are you considering for designing an energy-based, impactful work day?

Working from different locations

Building good habits not bad ones

Be thoughtful instead of thoughtless

No meeting days

Looking at my high energy moments of the day to plan work.

test

Comfortable working environment

Hybrid work from home, make your own schedule

Less meetings, more time for myself

What new guidelines are you considering for designing an energy-based, impactful work day?

More fun...

Blocking time for strategic work.

Walk and talk

Scheduling time for thoughtfulness

Take time out for strategic thinking

Breaks for exercise throughout the day

None

Taking regular breaks

Planning the day to allow for me time.

What new guidelines are you considering for designing an energy-based, impactful work day?

Leave room for learning

Hybrid and flexible when you work best

Trying to reduce back to back video meetings.
Try to avoid video fatigue.

Make time to Plan and organize

Good idea to try and implement but we tend to
be reactive instead of strategic.

Creating blocks to actually do something

Less back to back meetings

Yoga at lunch

Walking meetings

What new guidelines are you considering for designing an energy-based, impactful work day?

Office day to catch up.

Weekly time to just "Think"

Common energy time

Non collaborative work to be done remote

Energy drinks

Determine peak effectiveness in my day

what are the quiet times

Break in day scheduled

Not doing anything I don't want to do.
Especially if it has no effect on my primary job.

What new guidelines are you considering for designing an energy-based, impactful work day?

Question why we're having meetings

Confirms what already doing

Review my schedule to find opportunities to reduce low productivity tasks and meetings

Team meetings with agenda - short everyone involved

Planning.

Less 1:1 meetings. Limited Travel

Hybrid work schedule for entire team

Flexibility, no longer an 8 to 5 day.

Structure my day more efficiently

What new guidelines are you considering for designing an energy-based, impactful work day?

Focusing on core objectives vs being reactive by priority.

Shorter meetings

Blocking time on calendar for small asks

Meeting free days

Productive work time

Experimenting to find what works

Hybrid work schedule

Not a babysitter.

Eliminate meetings that are not productive

What new guidelines are you considering for designing an energy-based, impactful work day?

Thinking time

Energy map aligned with meals/diet.
Structured downtime for being thoughtful.

Define goals and path to accomplish

Scheduling strategic work hours and a few tactical hours.

Flexible schedule based on employee

tasks and organization early

Take longer breaks during the day

self defined personal performance guide

Reduce meetings & Align the team

What new guidelines are you considering for designing an energy-based, impactful work day?

Take more breaks during the day! Don't schedule back-to-back meetings.

Plan the day

Say no to covering all the news in the morning

Strategic time planning

Taking a gym break

Moving lower value work to automation or next level employees.

30 to 45 min. With time to wrap up actions.

Block off none ZOOM time

Collaborative think tanks

What new guidelines are you considering for designing an energy-based, impactful work day?

More flexibility in exchange for more productivity

Set aside some time every day to think strategically, vs. tactically

Core hours

Find a place to work remote near a beach

Work from home is ok. But need to come into office sometimes

Getting the job done

Strategic thinking early in day when mind is open and uncluttered.

Walking breaks

Identify key productive time throughout the day

What new guidelines are you considering for designing an energy-based, impactful work day?

Mapping out my productive hours

Just have your work in when it's due

Meetings mid day to late mornings and early to mid afternoon

Block no meeting time. More walking meetings

Bunny slipper day

Less meetings and more focus time! More work from home with less distractions

Flexible hours

Mid day walk or exercise to clear mind

Turn Your Phone Off after 6, don't respond to anyone

What new guidelines are you considering for designing an energy-based, impactful work day?

Meeting time limits

Focus on top priorities

Flexible hours

Evaluate the day on based on value add, not time spent.

List of actions from most important to least

Customer-focused days. No trainings or reports.

Grouping like-tasks

Time study

Buckets of specific activities.

What new guidelines are you considering for designing an energy-based, impactful work day?

Walking phone calls

Block off time blocks.

Less meetings

Communicate to everyone their energy preferences

Flex hours and WFH days.

Zero screen time blocks

Set aside time daily for proactively reaching out to customers for project discussion . Do the same for key players at peincipals

Set aside strategy time weekly

Define clear goals

What new guidelines are you considering for designing an energy-based, impactful work day?

Work from home when you can. Face to face 1-2x per month.

more space between meetings

Work home separation

make more time at least twice a week for strategic thinking

Realizing when you're not being productive and take a break - go for a run etc.

Joining most events remotely. Working on your time as much as possible.

Take time in the middle of the day to walk.

Meetings only at certain times of certain days

More breaks

What new guidelines are you considering for designing an energy-based, impactful work day?

Set expectations and objectives

Rest and importance of measuring sleep

Map energy

Free unscheduled time

Flexibility is key. Accomplish the task is the goal

Start over by throwing out the perceived must do meetings and re-evaluate.

Building in prep time and post meeting time for all meetings.

Focus on what is important and let the others slide.

None one cares if you are working at 2am or 2pm as long as the job gets done

What new guidelines are you considering for designing an energy-based, impactful work day?

Exercise

Let people do their jobs. Less interference

Take in the hardest ax first

Figuring peak hours ; Identifying energy drains

Meet deadlines and be respectful of others.
Whenever and however works best for you.

Stay on task. Complete what's in front of me.

Do overall business meeting once a week
Do hybrid meetings in half days twice a week

MBWA... Management by walking around.

Unscheduled brainstorming sessions. Freeform
platform to put ideas

What new guidelines are you considering for designing an energy-based, impactful work day?

More caffeine

8 hours per week not in email, phone, or systems. Free time to develop.

only one night a week for calls with china

Find a the energy window

Work to your priorities.

Short calls with itinerary

Coffee

Delegating routine level work to automation or next level employees

Do meetings when they are good for most people!!

What new guidelines are you considering for designing an energy-based, impactful work day?

No taking in the bathroom

Block out time to plan

Do hardest things first
Do salesforce tasks all at once

Walk away from your desk and take a short walk with no phone

No meeting days

Do less, but better.

block friday afternoons for reflection

Work out session, snacks , good coffees

Important tasks in the morning. Only check e-mail three times daily, majority of phone calls from the car.

What new guidelines are you considering for designing an energy-based, impactful work day?

Fewer meetings

Block out time to plan

Less meetings. More discussions around a specific issue or two that needs resolution. Inject more humanity into the day. Refine hybrid model.

Play golf as good as Kurt Devlin

daily walk during my work week, at lessons 10K steps per day

Less structured meetings, more impactful, incidental water cooler interactions / conversations

No talking in the bathroom!

Meeting free Fridays

Acknowledgement of different productivity peaks at different times of the day

What new guidelines are you considering for designing an energy-based, impactful work day?

Work from home 3 days/wk

Walk and talks

More patience during the changing environment

Be Purposeful, Achieve Responsibility,

End day at 5, exercise. Then finish emails after that.

Set clear agendas for meetings, make them fewer, keep them short.